

TO VACCINATE OR NOT TO VACCINATE?

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by Dr. Karlo Mauro, BSc, BA, MEd, ND

Unfortunately, I'm not allowed to tell you what decision to make when it comes to getting the flu shot— that's your personal choice.

However, instead of making a quick, fear-based decision from what you've heard on TV, I've decided to share with you some important facts to help you make an informed, educated decision.



My personal decision is very simple and clear:

Natalia, Alek, Ella and myself will NOT be getting the regular seasonal flu vaccine.

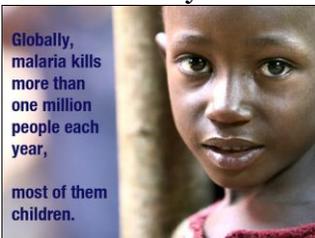
Keep reading if you want to find out why...

Remember the avian bird flu scare? What about SARS? Then the famous 2009 H1N1 scare? I want to remind you how the media got you so scared about these potentially deadly viruses.

The total number of deaths worldwide due to these bugs was trivial compared to their predicted millions.

Even though they are not predicting any major pandemic this year, they're still trying to scare everyone into getting the regular flu vaccine.

Their big scare is the number of "flu deaths" per year. Stats show that 36,000 people in the U.S. die each year from the flu.



Now don't get the wrong idea. I'm not downplaying the deaths. It's awful.

But just to put things into

perspective, malaria kills about 3,000

people PER DAY! That's ONE MILLION people EVERY YEAR – yet nobody talks about it.

Despite what you may have heard, death caused directly by the flu virus is very rare even though the media tries to scare us into thinking otherwise.

The majority of so-called "flu-deaths" are actually caused by bacterial pneumonia – a secondary infection that occurs when your immune system is too weak. (In a few minutes you'll find out where you can learn 27 simple and natural immune boosting strategies.)

The Centers for Disease Control and Prevention (CDC) grossly distort the facts about flu deaths...

... making the flu virus seem far more dangerous than it really is.

Their statistics that 36,000 people die from the flu in the U.S. each year, are skewed because those dying from pneumonia are considered "flu-deaths," which is inaccurate.

In 2009, they scared us into thinking the H1N1 flu was going to wipe out half the planet.

The reality is, H1N1 flu was NOT proven to be more dangerous than the regular seasonal flu.

Yet, the medical authorities continued to insist on everybody getting vaccinated by the H1N1 vaccine (even though it had a questionable safety record).

Please read on...

Looking back now, everyone agrees that the H1N1 flu vaccine was rushed out to market and was not tested thoroughly enough for its safety both short and long term.

Even the medical authorities admit this.

To Vaccinate or Not To Vaccinate?

Dr. Karlo Mauro, N.D.

In fact, they based its assumed safety on the fact that it's produced the same way as the seasonal flu vaccine is produced.

So, according to the pharmaceutical companies, in theory, it should have the same risks too.

This is absolute quackery!

That isn't how medical science works. They're very clear on their position with scientific studies. In order for a pharmaceutical drug to be deemed valid it must go through a rigorous study called a "double blind, placebo controlled" study. This is the gold standard with any scientific study.

But here's the scary part: It had not been done with the H1N1 vaccine – nor the seasonal flu vaccine for that matter!

Flu Vaccines are the Voodoo of Modern Medicine!

Medical doctors are following the exact same "quackery" they accuse us natural medicine practitioners of doing.

Sounds kinda like: My quackery is okay, but YOUR quackery isn't!

Imagine if they made up another statin medication for lowering cholesterol (like there's not enough already ☺) and decided not to do a proper double blind placebo controlled scientific study using thousands of people.

Instead, they assume it works because the other statins worked and it's as safe as them too.

This would not happen in a million years!!

But somehow it's being allowed with vaccines.

How Safe is the Flu Vaccine?

There's been a lot of controversy with the long laundry list of harmful ingredients in the flu vaccines. Here's a few of the worst...

- Thimerosal - neurotoxin

- Formaldehyde - carcinogen
- Sodium deoxycholate – weakens blood-brain-barrier & activates seizures. Known to promote tumor growth.

These substances have been linked to many neurological side effects of vaccines.

Those who had decided to get the H1N1 vaccine were essentially human experimental guinea pigs.



Without having done any studies, unfortunately, we won't truly know the results of this "study" and all the side effects of this

new vaccine until years to come.



Injecting millions of children and pregnant women with a fast-tracked vaccine containing toxic substances is, in my opinion, a reckless plan.

Here's a list of side effects which comes right out of the package inserts of GlaxoSmithKline's influenza vaccine...

Adverse Effects:

Lymphatic System Disorders: Lymphadenopathy (swollen lymph nodes)

Eye Disorders: Conjunctivitis, eye pain, photophobia.

Gastrointestinal Disorders: Dysphagia (difficulty swallowing), vomiting.

Immune System Disorders: Allergic edema of the face, allergic edema of the mouth, anaphylaxis, allergic edema of the throat.

Infections and Infestations: Pharyngitis, rhinitis, laryngitis, cellulitis.

Musculoskeletal and Connective Tissue Disorders: Muscle weakness, back pain, arthritis

Psychiatric Disorders: Insomnia

To Vaccinate or Not To Vaccinate?

Dr. Karlo Mauro, N.D.

Respiratory Disorders: Shortness of breath, bronchospasm, throat tightness

Skin and Subcutaneous Tissue Disorders: Urticaria, localized or generalized rash, pruritus, periorbital edema

Nervous System Disorders: Dizziness, paresthesia, tremor, drowsiness, Guillain-Barré syndrome, convulsions/seizures, facial or cranial nerve paralysis, encephalopathy, limb paralysis, optic neuritis partial facial paralysis

I want to bring your attention to the last category – Nervous System Disorders.

Not sure if you remember (I was only six years old) but in 1976 there was a swine flu scare at a U.S. military base. President Gerald Ford ordered a national vaccination campaign and 46 million people got the H1N1 vaccine.

Unfortunately, more people died from the vaccine itself than the actual swine flu.

Clearly, it was an example of "how NOT to handle a flu outbreak."

In 1976, about 4,000 people experienced neurological symptoms directly from the swine flu vaccine.

Of those, 300 came down with Guillain-Barre Syndrome (GBS) – a paralyzing, potentially fatal neurological disorder in which the immune system attacks its own nervous system. Symptoms can vary from feeling mildly weak to complete paralysis to death.

Even the pharmaceutical manufacturers admit that some people who get the regular flu vaccine will indeed get Guillain-Barre Syndrome. As you saw, it's right in their package insert.

They should really call Guillain-Barre Syndrome, "Toxic Vaccine Syndrome."

It's not a matter of IF but rather HOW MANY.

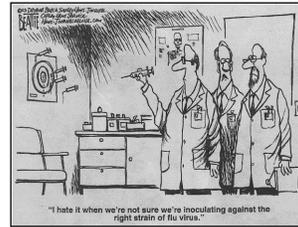
The more vaccines given, the more people will experience these nasty side effects.

It's like playing Russian roulette with your nervous system.

You never know if it's going to be you who will get hit with the serious side effects.

I don't know about you but I'm not willing to take such a risk!

How Effective is the Flu Vaccine Anyways?



The way the flu vaccine is made each year is health officials travel to Asia in February and try to predict which strains of the viruses will be circulating in the U.S. in the fall.

If they predict incorrectly (like they did in 2004), the vaccine is deemed absolutely useless.

You'd think if this happened they would stop the whole flu vaccine campaign, right?

Wrong! They just kept giving the useless vaccine to people anyways. Unbelievable!

Now even if they did predict correctly, there's still no concrete evidence that the vaccine will actually prevent the flu or save any lives due to the flu.

A 2007 review of studies of over 65,000 healthy adults concluded that vaccinations reduced the risk of flu by only six percent and reduced missed work days by less than a single day.

Another fact: Published research confirms that there has been no decrease in deaths from influenza and pneumonia, despite the fact that vaccination coverage among the elderly has increased from 15% in 1980 to 65% now.

It's no wonder that 70% of doctors and nurses do NOT get the yearly flu shot. The reasons they're opting not to get vaccinated are:

- They don't believe the vaccine will work.

To Vaccinate or Not To Vaccinate?

Dr. Karlo Mauro, N.D.

- They believe their immune systems are strong enough to fight the flu.
- They're concerned about side effects.

After using the statistics in the package inserts of the vaccines themselves, it's been calculated that the vaccine will work in 1 out of 4 people.

Sounds even more alarming when stated like this: 3 out of 4 people getting the flu vaccine will not get any benefit from it and are risking all the potentially damaging side effects from it.

I'd love to see a year when nobody gets vaccinated and see what happens to the death rates. I suspect they wouldn't dramatically rise.

In fact, in 2004, the flu vaccines were in short supply and the number of people vaccinated dropped by 40%. Yet, there was no huge increase in flu death rates.

In 2009, they tested people coming into the hospitals to see if they had the H1N1 flu.

The vast majority of the tests performed came back negative for both swine flu and the regular seasonal flu.

Some results showed that up to 97% of the specimens tested were positive for some other type of virus or bacteria.

That year, the tragic H1N1-related death of a teenage boy in Toronto, Ontario sparked a massive panic across the country.

However, Dr. Neil Rau, an infectious disease expert, said about the boy's death...

"This is a horrible story for any parent but the truth is that this is the medical equivalent of lightning striking. It's an incredibly rare event that occurs in about one in 250,000 cases."

To put things into perspective, your chances of getting killed by lightning is 1 in 80,000.

Odds of dying from a car accident is 1 in 18,000.

Odds of getting breast cancer in 1 in 9. Prostate cancer — 1 in 6.

The CDC reports that about 36,000 people in U.S. die from the flu.

As scary as that sounds, let's put things into perspective...

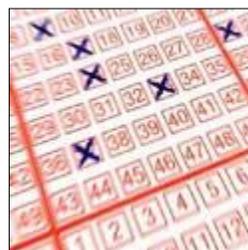
Over 100,000 people die annually in the U.S. from an adverse reaction to a pharmaceutical drug. That's 2,000 deaths per week!!

And that's an underestimate. An article in *JAMA* estimated that only 1 in 20 reactions are actually reported.

Death due to the medical system itself (including side effects from prescription meds) is the third leading cause of death in the U.S. — with only heart disease and cancer finishing ahead of it.

So why aren't there constant warnings from the media of the dangers of prescription drugs? Certainly, it poses a far greater risk for the public than any flu virus.

I came across this analogy: "Mathematically speaking, getting a flu vaccine and hoping it will save your life is like buying a lotto ticket



with your last dollar hoping you'll win a million.

But buying a lotto ticket doesn't risk the health of your nervous system. You can always earn back a buck, but restoring your

nervous system after potentially being damaged by a vaccine could take years. Some will never recover."

That, of course, is why the flu vaccine isn't being marketed using statistics or reasoned logic.

It's being pushed through FEAR!

The drug companies have learned that when it comes to promoting pharmaceutical medications, fear always overcomes reason.

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They're not scaring me though. I'm not a gambling kinda guy but I'll take my chances with the flu.

Having said that, I'm not gonna just sit back and keep my fingers crossed and hope I don't get the flu.

I'm going to do everything I possibly can to improve me and my family's (and my patients!) immune system so chances are I won't catch any bug or if I do, it won't nearly be as severe.

Believe it or not, there are over 200 other viruses and bacteria that cause similar upper respiratory tract infections with the same flu-like symptoms as the regular seasonal flu.

So even if you get the flu vaccine, you'll have zero protection against the other 200 potential pathogens that you'll most likely be in contact with this winter!

Plenty of people who get the flu vaccine still catch the flu or a similar virus, which proves that flu vaccines aren't as effective as they're made out to be.

The Secret to Staying Healthy All Winter Long...

Have you ever known somebody who seems to have no problem staying healthy through the whole winter? If you know a person like this, it seems they never get sick, even when they're repeatedly exposed to sickness.

What's the secret?

I'll tell you.

The secret to staying healthy all winter long is to have a strong immune system.

If your immune system is compromised or weak, then you could easily get very ill from the influenza viruses (and other bugs too!). And if you have a strong and vital immune system, then you should be able to ward off illness with ease.

Easy Ways to Strengthen Your Immune System

There are dozens of natural, effective ways to strengthen your immune system and reduce your chances of ever catching most upper respiratory tract infections in the first place, without ever going near a vaccine.

That's why I finally put together the most effective strategies I've successfully used with thousands of patients over the past 13 years into one easy to follow guide, ***27 Natural Immune Boosting & Flu Prevention Strategies***.

You'll learn 27 of my best strategies to boost your immune system and help avoid catching the most common upper respiratory tract bugs going around.

The best part: These strategies are easy to implement, and you don't have to live in a bubble or wash your hands every five minutes! And you can re-use them every year.

Cut Through the Clutter Fast

Did you know there are more than 3,000 homeopathic medicines and thousands of herbal medicines available? It would take weeks to sort through them all. But you won't have to... because... I've done all the work for you.

So, in my guide, ***27 Natural Immune Boosting & Flu Prevention Strategies***, under *Strategy #19 – Anti-Viral Botanicals*, I show you exactly which 8 are the best immune boosting herbs that can assist you in your fight against illness this winter.

As well, check out *Strategy #16 – Homeopathic Medicines* – I list for you the top 14 homeopathic remedies that you should have in your medicine cabinet this winter which I've successfully used personally, with my family and with my patients.

You'll get access to these strategies plus 25 other immune boosting strategies in one easy-to-read booklet.

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A Sneak Peek of What You'll Discover...

Naturopathic Flu Prevention Strategy #3 - Avoid This "Flu Magnet"

Discover how one dietary change can boost your immune system by 200%. How? There's a food substance that many people are eating in excessive quantities that literally knocks out 50% of their white blood cell activity for four hours following ingestion. Most North Americans are consuming a lot of this one substance and practically turning themselves into "flu magnets."

Immune Boosting Strategy #4 - Are You Taking This Common Prescription Medication?

Most 'flu-deaths' are actually caused by bacterial pneumonia — a secondary bacterial infection that occurs with a weakened immune system. Find out which medication increases your risk of contracting bacterial pneumonia — 1 out of 10 Americans are taking it!

Immune Boosting Strategy #8 - It Doesn't Look Pretty But It Works!

This technique may not look too inviting at first. However, a host of scientific studies support this technique. It'll help you directly remove virus particles from your upper respiratory tract.

Immune Boosting Strategy #9 - 20 Minutes a Day is All You Need

A simple strategy ANYBODY can use — but most people skip it. Not only does their immune system suffer but so do their entire body, mind and emotions.

Immune Boosting Strategy #15 - This Essential Oil is a Must

One of the most powerful natural anti-bacterial, anti-parasitic and anti-viral medicines, this oil is simple to take — "One drop a day will keep the flu bugs away."

Immune Boosting Strategy #17 - Drink 30 Glasses of Orange Juice or Take This Vitamin?

People interchange this vitamin with orange juice. Unfortunately, you'd have to drink over 10 jugs daily in order to get enough immune protection from this vitamin. Find out how much and how often to take it.

Immune Boosting Strategy #21 - Call in the Reinforcements!

You'll be surprised to learn where 67% of your immune system resides. Strategy #21 reveals ways to bring in an army of friendly "critters" to help promote a healthy immune system.

As you can see, I'm providing you with more than two dozen easy-to-implement strategies that are guaranteed to strengthen your immune system and help you avoid catching the flu this season. And these strategies really work!

Get Your Copy... While You Still Can

A detailed yet simple flu prevention guide made by a licensed Naturopathic Doctor — like the one I've created — simply doesn't exist out there. You're one of the first to have access to such a guide. Hopefully, my site isn't taken down by the government authorities any time soon.

It's Easy to Order!

If I were to sit down with you in my office, one-on-one and explain all 27 strategies, it would take a few hours and cost you a few hundred dollars in visit fees.

Fortunately, you won't have to pay anywhere close to that. In fact, you won't even pay \$100.

The regular price for this guide is \$47. I've sold hundreds of copies to people throughout the world. However, I'm offering my loyal patients and readers a 64% discount (\$30 savings).

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So for the next week (until Thursday, November 14th)...

You can get **Dr. Mauro's 27 Natural Immune Boosting & Flu Prevention Strategies** for only **\$17**.

That's just 63 cents per strategy! (Which I think you would agree, is an extremely low price considering what you're getting is from a licensed Naturopathic Doctor with 13 years of experience.)

And that's not all. It gets even better...

For the Next Week, I'm Going to Do Something I Rarely Ever Do!

Until Thursday, November 14th, with the purchase of my 27 strategies, I will also give you **one free email coaching session** with me.



Maybe you have an immune system question or a question about your specific condition. Just send me a quick email and I'll answer it within 48 hours.

And the best part is you'll get to take advantage of this free email anytime within 4 weeks of your purchase. Remember, I will personally answer your email – not a member of my staff... but ME!

(Regular Fee per Email Coaching Session: \$49 — Your Coaching Session is Free!!)

I haven't met a person yet who couldn't benefit from the strategies I reveal in my guide. But you'll still be protected by a money back guarantee.

Try It Risk Free for 60 Days

Go ahead and order my guide today. Then, if for some strange reason you decide it's not for you, just let me know and I'll give you a complete refund.

Listen, here's the thing: I'm selling my **27 Natural Immune Boosting & Flu Prevention Strategies** and processing the orders through *Clickbank* (the largest payment processing company for digital products in the world), which means I play by their rules. Their rules state that I have to offer you a 60-day, money-back guarantee. And I'm fine with that. I stand behind my immune boosting and prevention strategies completely and know you'll be completely thrilled with the content and, more importantly, the results.

However, for your peace of mind, know that a refund is available anytime for the next 60 days by simply emailing me or *Clickbank* (refunds@clickbank.com) if you are dissatisfied for any reason.

Act Now... and Start Boosting Your Immune System

Boosting your immune system is simple... if you know what to do. This guide tells you exactly what you need to do. You're getting 27 different natural ways to help build your immune system. In fact, there's no simpler and more affordable way I know for you to help kick up your immune system for the winter.

Ordering is easy. Simply click the link below to order your copy now.

www.WaysToBoostYourImmuneSystem.com

Yours In Health,

Dr. Karlo Mauro, BSc, BA, MSED, ND
Doctor of Naturopathic Medicine
www.WaysToBoostYourImmuneSystem.com

P.S. Please do not hesitate to share this free report with family, friends and co-workers. I'm sure they'll appreciate your concern for them.

P.P.S. You only have until Thursday, November 14th to save 64% and take advantage of this special **\$17** offer. Then it's going back to its original price of \$47.

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